



OAKRIDGE ORAL SURGERY

DR. RAYMON GREWAL

DR. SPENCER LIN

CERTIFIED SPECIALISTS

ORAL AND MAXILLOFACIAL SURGERY

INTRAVENOUS SEDATION INSTRUCTIONS GENERAL ANESTHETIC INSTRUCTIONS

1. **DO NOT** eat food or drink liquids of any kind **for 8 hours before your appointment time** (this includes: water, gum, candy, mints, or anything by mouth).
2. If you take prescribed medications, please take them with a sip of water, unless otherwise instructed by the doctor.
3. Do not wear contact lenses, make up, hair pins, jewelry, nail polish or loose fitting shoes.
4. Wear a shirt with short sleeves.
5. **You MUST** have a responsible adult to take you home. Under no conditions can you drive yourself home. Taxicabs are only acceptable if accompanied by a responsible adult.
Please have your ride park on the rooftop by the South Tower, Medical/Dental entrance.
Transit or walking home is NOT acceptable.
6. Have someone at home who can assist you and help take care of your needs on the day of surgery.
7. **YOU MUST NOT** drive an automobile or operate hazardous machinery for at least 24 HOURS after your anesthetic.
8. **DO NOT** drink alcohol or use drugs **48** hours before surgery (this includes marijuana).
9. Call our office if you have a COLD, FLU or COUGH.

We will not be able to put you to sleep if these instructions are not followed and a fee will be applied.

If you have any questions or concerns please contact our office.

We require 2 business days notice to cancel or reschedule an appointment or a fee will be applied.

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